

Oil for Rheumatoid Arthritis



CBD, also known as **cannabidiol** plays a role in immune system modulation which means, it helps in autoimmune conditions like rheumatoid arthritis. **CBD Oil** for Rheumatoid Arthritis & tetrahydrocannabinol (THC) and the by-product of its metabolism have anti-inflammatory and pain-killing (analgesic) properties.

Rheumatoid arthritis is a chronic progressive disease that causes inflammation in joints. As a result, it causes immobility and painful deformity in feet, wrists, fingers, and ankles. In this disease, there is inflammation like swelling, pain and heat that affects joints and also body organs. Most commonly affected areas are hands, knees, and feet. It usually affects between the age of 25 and 45 but it can also affect children even toddlers.

Causes and symptoms



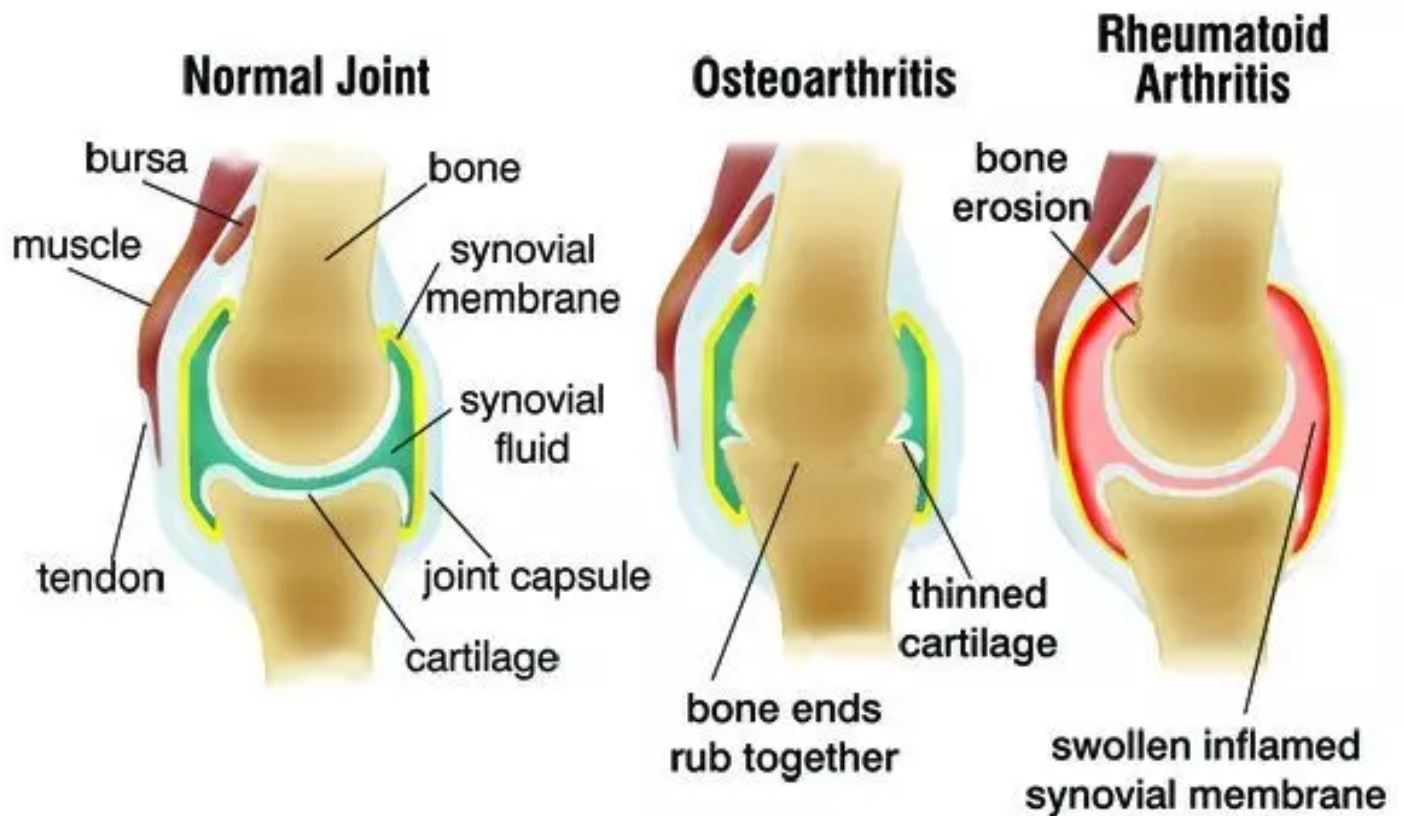
When rheumatoid arthritis affects a person, it attacks normal tissue components as invading pathogens cause inflammation.

The inflammation attacks the lining of the joints and then spreads to cartilage and bone while causing destruction therein and making joints immobile and deformed.

There are environmental and genetic factors involved in this reaction.

Symptoms vary from one person to another and it may include swelling, pain in joints, persistent fatigue, stiff joints especially in the morning, sleep difficulties owing to pain and weakness in muscles.

Making a diagnose is not so hard as the disease shows itself over a few months. Only an expert can tell after complete examination and check-up. Blood tests also help identify rheumatoid arthritis factor that is present in almost 80 percent of people suffering from rheumatoid.



Risk Factors

There are certain factors that increase the chances of developing rheumatoid arthritis. These are age (25 to 45), gender (three-quarter patients are female), family history of rheumatoid arthritis, ethnicity (Americans, Caucasians have a higher risk) and obesity.

There are ways through proper methods and techniques to alleviate the discomfort.. Physiotherapy that involves heat, cold and exercises to relieve stiffness and pain is an effective way. Rest and occupational therapy are also effective. Drugs are also available that include NSAIDs (non-steroidal anti-inflammatory drugs) to treat inflammation but these have side effects.

Corticosteroids are also used that suppress immune reaction. DMARDs (disease modifying anti-rheumatic drugs) slow down the progress of the disease but they can bring about serious side effects.

CBD oil for treating rheumatoid arthritis

CBD oil has shown lots of improvement in the treatment of arthritis. According to research, cannabidiol helps reduce pain and inflammation caused by arthritis of all types like Rheumatoid arthritis, gout, osteoarthritis and other types of inflammatory joint conditions.